

Care without End

“Old age and the passage of time teach all things.” —Sophocles

St. Mary’s Adult Day Health Care (ADHC) provides health maintenance and rehabilitation services to adult and elderly patients with disabling medical problems. In a neighborhood setting, chronically ill and disabled participants improve the quality of their lives and maximize their independence while continuing to live in their own homes with dignity.

Most of us don’t like to think about the realities of growing older, but if we’re lucky, it is something we will all do. Whether you need help with an aging parent, a disabled spouse, or even if you think you may need help in the future—ADHC is here. Giving to St. Mary’s ADHC is making an investment for a compassionate future for your family, your community, and maybe even yourself.

Please give what you can...



Shou Ji Zhao gives a “thumb’s up” for St. Mary’s ADHC.

Patience is the Companion of Wisdom—St. Augustine

After a terrible car accident resulting in serious brain damage, a woman arrived at ADHC. She was extremely bitter and angry about her misfortune and did not want to be at the Center. The 35 year-old was negative to everyone and disliked having to be around all the seniors but she needed the therapy and begrudgingly agreed to attend the program. As time went on, she began working with others on the rehab equipment, learning how to play cards, and joining in activities and celebrations. She became involved and even began to enjoy the entire program. Now she is very protective of everyone. She teaches new participants games, helps people with their therapy and lets the staff know when a client needs help with simple things like eating or walking. She is loved by everyone at the Center and comes in five days a week. ♦

Believe, when you are most unhappy, that there is something for you to do in the world. So long as you can sweeten another’s pain, life is not in vain.
—Helen Keller

Giving made easy...

By fax: 415.750.8132

By email:
msako@chw.edu

By good old-fashioned mail:
St. Mary’s Medical Center Foundation
450 Stanyan Street
San Francisco, CA 94117

By phone: 415.750.5790

From _____

Address _____

City _____ State _____ Zip _____

Telephone _____ Email _____

My Gift to Adult Day Health Care Center in the amount of:

\$25 \$50 \$100 \$250 \$500 \$1,000 \$2,500 \$5,000 \$10,000 \$25,000 Other \$ _____

is enclosed. (please make checks payable to St. Mary’s Medical Center Foundation)

will be paid. (please check one) quarterly in monthly installments of: \$ _____

Please charge my gift to: VISA MASTER CARD AMEX

Credit Card Number _____ Exp. Date _____

Signature _____

A gift of any size is deeply appreciated! • www.stmarysmedicalcenter.com • 415.750.5790

St. Mary's Medical Center Foundation respects your privacy. If you prefer not to receive any further communications from us, please send a brief note to Margine Sako, Executive Director, 450 Stanyan Street, San Francisco, CA 94117 and include the mailing label from this annual report, if possible. Please understand it may take up to thirty days to process your request.



St. Mary's Medical Center Foundation

CHW

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